



# ABUNDANT LIFE EVANGELISTIC GROUP

Po Box 347, Dundee, 3000; Tel: (034) 218 2055; Fax: (034) 212 1229; E-mail: [abladmin@abundant.co.za](mailto:abladmin@abundant.co.za)

## PACK LIST:

- Single bed fitted sheet, pillow, sleeping bag/duvet.  
In winter a sleeping bag liner or extra blanket may be helpful.
- Personal toiletries and towel
- Hat
- Two-point plug (For charging your cellphone)
- Sunblock
- Lip balm
- Umbrella or raincoat
- Bible
- Pen or pencil
- Bathing suit and swimming towel - no bikinis or speedos are allowed. In the case of a tankini, please ensure that the top reaches the bottom.
- Comfortable, old walking shoes. If possible, two pairs, in case one pair gets wet.
- Comfortable clothes. Please remember that farm life and certain activities might damage clothes.

In winter: evenings and early mornings are very cold - one or two warm jackets, a beanie and gloves are advised. The days are usually sunny and warm.

In summer: bring a light jacket for those unexpected cold times.

Please avoid shirts with offensive symbols, pictures or slogans.

Evening activities: avoid soft, wooly jackets or tracksuits that will attract blackjacks. Denims and a smooth jacket, or smooth top over the jacket are advised.

Ladies: please avoid strappy or revealing tops, short tops that show the midriff, see-through tops, skintight clothes and shorts that are shorter than mid-thigh length.

Neat clothes for the agape supper and Sabbath church service is advised.

Warrior race: Tekkies & exercise clothes (That can get dirty).